



## Sabbath Day Encouragement

Christians are to see the Sabbath rest as a time to stop our worldly labors and self-interests and dedicate ourselves wholly to God's worship. Business should stop, and the affairs of daily life should pause to the call to remember the Sabbath Day and keep it holy.

Central to the Sabbath is the gathering of the church for public worship at least twice each Lord's Day. Congregations come together to unite in prayer, psalm-singing, and hearing the Word of God proclaimed. After the morning service, families should return to their homes, where the remainder of the day should be spent in prayer, study, and reflection. Parents should lead their households in the reading of Scripture, explaining the stories of the Bible, teaching their loved ones to walk in righteousness and to avoid sin and temptation. Children should be taught the principles of faith, and their young minds should be nurtured in the rich soil of biblical truth. Let us remember that the Lord's Day is not merely a time for public worship—it is a day for personal reflection, meditation, and spiritual renewal.

In a world consumed by endless activity and chasing after money, we are called to follow the example and devotion of our forefathers by observing the Lord's Day with reverence and solemnity. Let us set it apart as a sacred day where we can be fed the meat that never perishes. May the stillness of the Sabbath be a refuge for our souls and a sanctuary for our spirits. Let us seek God's presence and communion with him.

Let us guard this holy day, cherishing it as a precious jewel. Let us resist the temptation to fill the Sabbath with busyness and distraction, instead, embracing the gift of rest that has been graciously given to us by our Creator. It is His command for us to keep it—remembering that this is a picture that points to the eternal Sabbath. Let us labour therefore to enter into that rest. (Hebrews 4:11)

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### Consistory

Elders: Mr. Derek Kattenberg, Mr. Craig Timmer  
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# NETHERLANDS REFORMED CONGREGATION

**Sioux Falls, SD**



*O LORD our Lord, how excellent is thy  
name in all the earth!*

*Psalm 8:9*

Services at 9:30 a.m. and 2:30 or 6:30 p.m.